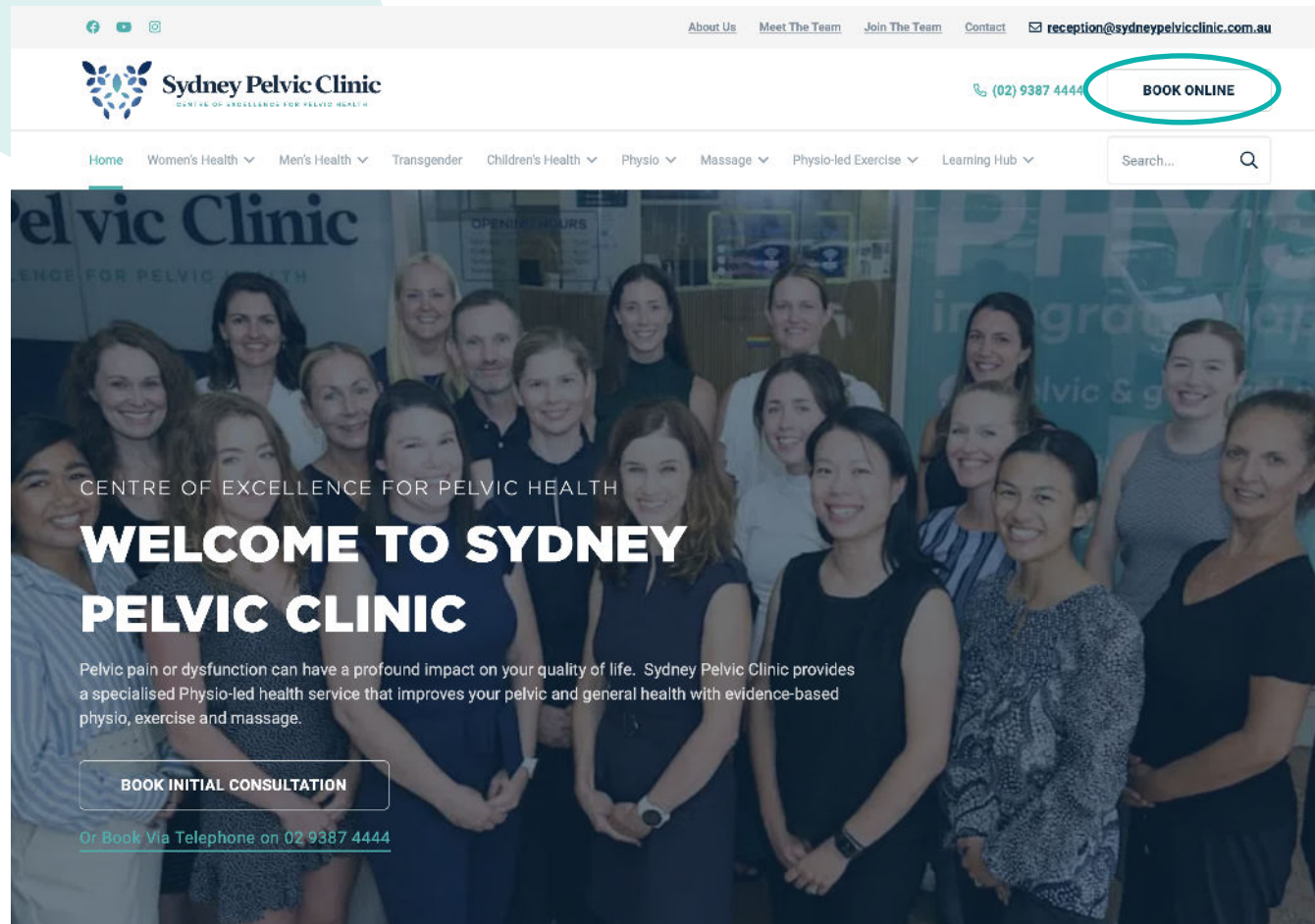


# How to Book Online For Patients

- Go to our website [www.sydneypelvicclinic.com.au](http://www.sydneypelvicclinic.com.au)
- On the top right, click the button called “Book Online” (see circle below)



- When you see the “Welcome!” box – click continue (circled below)

The screenshot shows the Sydney Pelvic Clinic website. At the top left is the logo and name 'Sydney Pelvic Clinic' with the tagline 'CENTRE OF EXCELLENCE FOR PELVIC HEALTH'. At the top right is a phone icon with the number '(02) 9387 4444' and a 'BOOK ONLINE' button. The main heading is 'BOOK ONLINE'. Below this is a paragraph: 'For new clients, please make a Guest Booking. For existing clients, please log in to manage your ongoing appointments. Please call our friendly reception team on [02 9387 4444](tel:0293874444) during business hours.' Below that is a white box with the text: 'Please ensure you have paid for your classes with reception prior to booking into your class.' The main content area is a large grey rectangle containing a white 'Welcome!' pop-up box. The pop-up box has the text: 'Welcome!', 'CENTRE OF EXCELLENCE FOR PELVIC HEALTH', 'WELCOME TO SYDNEY PELVIC CLINIC', and a paragraph: 'Pelvic pain or dysfunction can have a profound impact on your quality of life. Sydney Pelvic Clinic provides a specialised Physio-led health service that improves your pelvic and general health with evidence-based physio, exercise and massage.' At the bottom right of the pop-up box is a dark blue 'CONTINUE' button, which is circled in red.

**Sydney Pelvic Clinic**  
CENTRE OF EXCELLENCE FOR PELVIC HEALTH

(02) 9387 4444

**BOOK ONLINE**

## BOOK ONLINE

For new clients, please make a Guest Booking. For existing clients, please log in to manage your ongoing appointments. Please call our friendly reception team on [02 9387 4444](tel:0293874444) during business hours.

Please ensure you have paid for your classes with reception prior to booking into your class.

**Welcome!**  
CENTRE OF EXCELLENCE FOR PELVIC HEALTH  
**WELCOME TO SYDNEY PELVIC CLINIC**  
Pelvic pain or dysfunction can have a profound impact on your quality of life. Sydney Pelvic Clinic provides a specialised Physio-led health service that improves your pelvic and general health with evidence-based physio, exercise and massage.

**CONTINUE**



# How to Register an Account:

- **If you don't have an account yet**, first, you will need to register an account by selecting 'register an account' as circled below. **If you already have an account**, please skip ahead to the next section, 'How to Log Into Your Account'.

**BOOK ONLINE**

For **new clients**, please make a Guest Booking. For **existing clients**, please log in to manage your ongoing appointments. Please call our friendly reception team on [02 9387 4444](tel:0293874444) during business hours.

Please ensure you have paid for your classes with reception prior to booking into your class.

Already have an account?

LOG IN

Register an account

Book as a guest



**Book an Appointment**

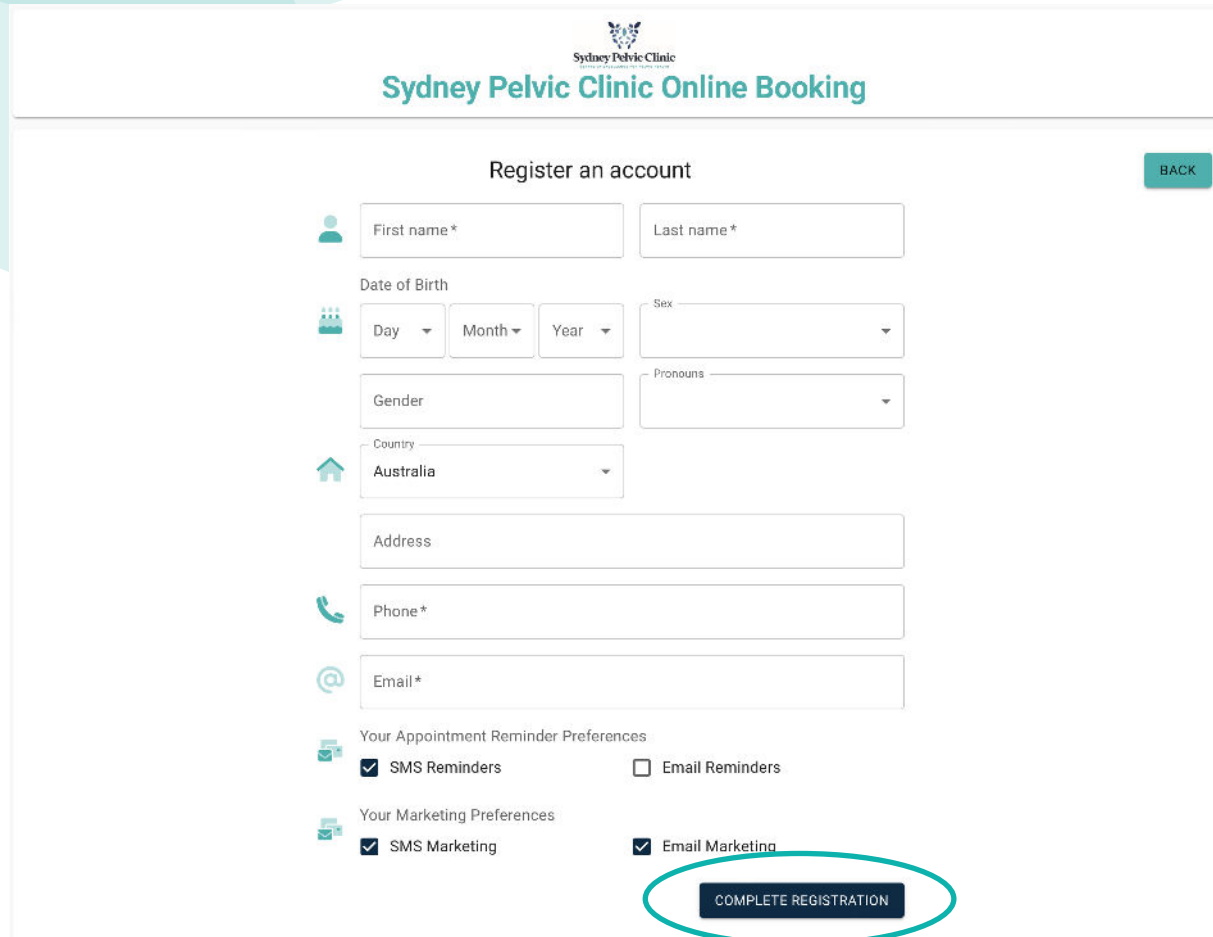
I AM AN EXISTING PATIENT

I AM A NEW PATIENT



# How to Register an Account (Cont'd):

- Complete the registration form and select 'Complete Registration'.



The screenshot shows the 'Sydney Pelvic Clinic Online Booking' registration page. The title 'Register an account' is centered at the top of the form area, with a 'BACK' button in the top right corner. The form fields are as follows:

- First name \* (text input)
- Last name \* (text input)
- Date of Birth: Day, Month, Year (dropdown menus)
- Sex (dropdown menu)
- Gender (text input)
- Pronouns (dropdown menu)
- Country: Australia (dropdown menu)
- Address (text input)
- Phone\* (text input)
- Email\* (text input)

Below the form fields are two sections for preferences:

- Your Appointment Reminder Preferences:**
  - SMS Reminders
  - Email Reminders
- Your Marketing Preferences:**
  - SMS Marketing
  - Email Marketing

The 'COMPLETE REGISTRATION' button at the bottom center is circled in teal.



## How to Register an Account (Cont'd):

- After submitting your registration, your application will be received and processed by our team. In the meantime, check your email and verify your email address. After we have activated your account, you will receive an email notification that your account is ready to use.



### Sydney Pelvic Clinic Online Booking

#### Register an account


Your registration request has been submitted successfully. Before you can login, we'll need to approve your registration request. In the meantime, we've sent you an email with further instructions on how to verify your account.

[BACK](#)



# How to Log in to Your Account:

- Once your account is registered and activated, enter your email address and password and select 'Log In' to log into your account:



**Sydney Pelvic Clinic Online Booking**

Already have an account?

@


🔒

Remember me **LOG IN** [Forgot password?](#)

[Register an account](#)

---

Book as a guest



## Book an Appointment

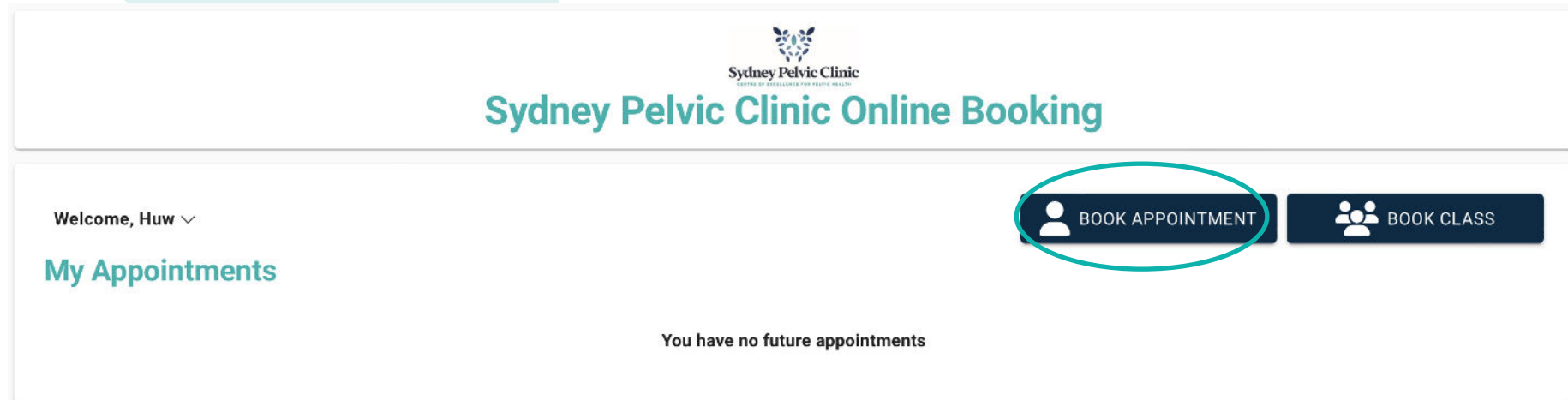
I AM AN EXISTING PATIENT


I AM A NEW PATIENT

The logo for Sydney Pelvic Clinic (SPC) features the letters 'SPC' in a stylized, blue, serif font. The letters are intertwined with a decorative floral or leaf-like pattern.

# How to Book an Appointment:

- After logging in, select 'Book Appointment' (See below):



  
Sydney Pelvic Clinic  
SOURCE OF EXCELLENCE FOR PELVIC HEALTH


## Sydney Pelvic Clinic Online Booking

Welcome, Huw ▾

### My Appointments

You have no future appointments

 BOOK APPOINTMENT

 BOOK CLASS

# How to Book an Appointment (Cont'd):

- Depending on which location - click the arrow next to “more info” (example circled below)

Welcome, Huw ▾ BACK

1 Appointment Details

St Leonards Service Practitioner Appointment Type Appointment

Select a Location

BONDI JUNCTION MORE INFO ▾ ST LEONARDS MORE INFO ▾

- Click “select” to select your location (see below)

Welcome, Huw ▾ BACK

1 Appointment Details

St Leonards Service Practitioner Appointment Type Appointment

Select a Location

**BONDI JUNCTION**

🏠 Ground floor 17-25 Spring Street  
Bondi Junction Australia NSW 2022

📍 Ground floor / Shop 1

02 9387 4444 @ SEND EMAIL **SELECT**

**ST LEONARDS**

🏠 Ground Floor 4/6-16 Atchison Street  
St Leonards Australia NSW 2065

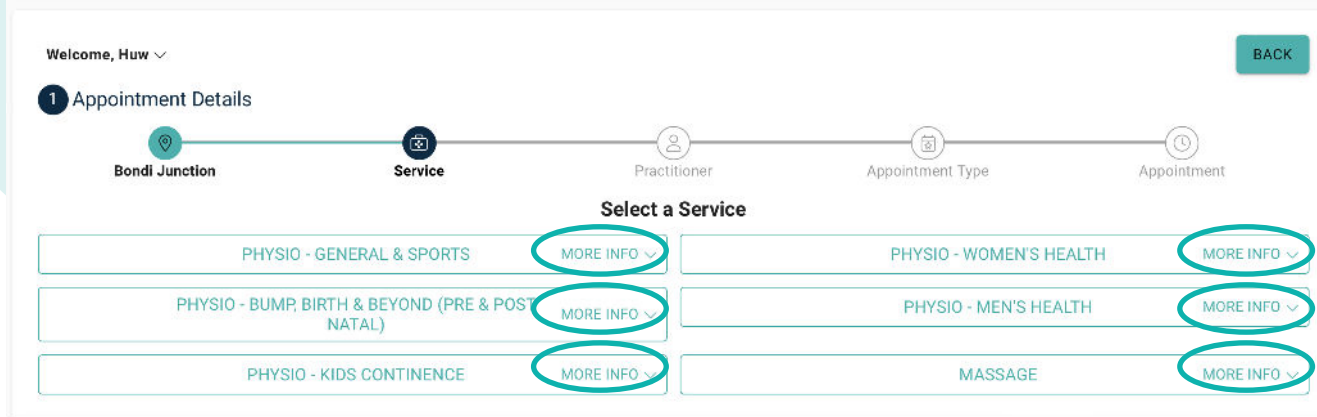
📍 Ground Floor / Shop 4

0293874444 @ SEND EMAIL **SELECT**



# How to Book an Appointment (Cont'd):

- Click the “more info” arrow (circled below) for the service you want to book.



- Click the “select” button inside the service you wish to book (circled below):



# How to Book an Appointment (Cont'd):

- Click “any available practitioner” (green arrow below) to see all appointments with all physios that treat the service you selected “ie physio – general sports”.
- OR click the name of your regular practitioner to see all appointments with a specific physio that treats the service you selected “ie physio – general sports”.

The screenshot shows the 'Select a Practitioner' step in the appointment booking process. The breadcrumb trail at the top indicates the current step: Bondi Junction > Physio - General & Sports > Practitioner > Appointment Type > Appointment. A green arrow points to the 'ANY AVAILABLE PRACTITIONER' button. Below this button is a list of practitioner names in a grid format:

ANAT DOCTOR	BRONWYN SCAHILL
CHERIE REDFERN-HARDISTY	JULIA TREMONTI
KAITLIN CHRISTMAS	KELSEY HINETT
MADELEINE MARKSON	RHYANNON SPRING
LOUISE GELL	

- Select “standard consult” or “long consult” (see 2 options below).

The screenshot shows the 'Select an Appointment Type' step in the appointment booking process. The breadcrumb trail at the top indicates the current step: Bondi Junction > Physio - General & Sports > Anat Doctor > Appointment Type > Appointment. Two options are presented in dropdown menus:

- STANDARD CONSULT**: Follow up consult - up to 30 mins. A green arrow points to the 'SELECT' button.
- LONG CONSULT**: Follow up consult - up to 40 mins. A green arrow points to the 'SELECT' button.

# How to Book an Appointment (Cont'd):

Select a date on the calendar (below). Automatically it displays upcoming appointment times on the right for this week.

Welcome, Huw ▾ BACK

1 Appointment Details

Bondi Junction Physio - General & Sports Any Available Practitioner Standard Consult Appointment

Select an Available Appointment

Pick a date to search for times

April 2024 < >

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Saturday 6 April 2024

1:10 PM

# How to Book an Appointment (Cont'd):

When you select a time, it shows the next screen.

- Select “confirm booking” to book
- Select “cancel booking” if you don’t wish to go ahead
- Select “back” if you wish to go back to the other available appointment times to choose a different time

Welcome, Huw ▾

1 Appointment Details

Bondi Junction      Physio - General & Sports      Any Available Practitioner      Standard Consult      Saturday, 6 Apr 2024 1:10 pm

2 Review Your Appointment BACK

🕒 1:10 pm

📅 Saturday, 6 Apr 2024

👤 Madeleine Markson

🏠 Bondi Junction  
Ground floor 17-25 Spring Street  
Bondi Junction Australia NSW 2022

☎️ [02 9387 4444](tel:0293874444)

✉️ [reception@sydney pelvicclinic.com.au](mailto:reception@sydney pelvicclinic.com.au)

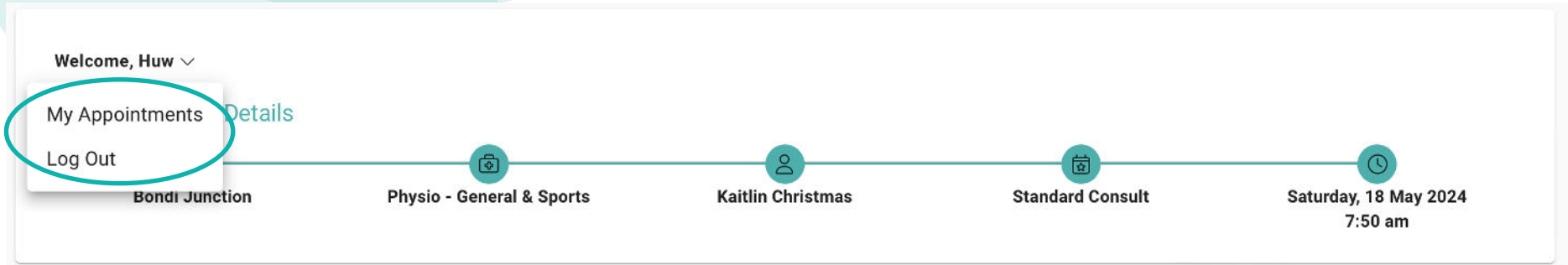
CONFIRM BOOKING

[Cancel booking](#)



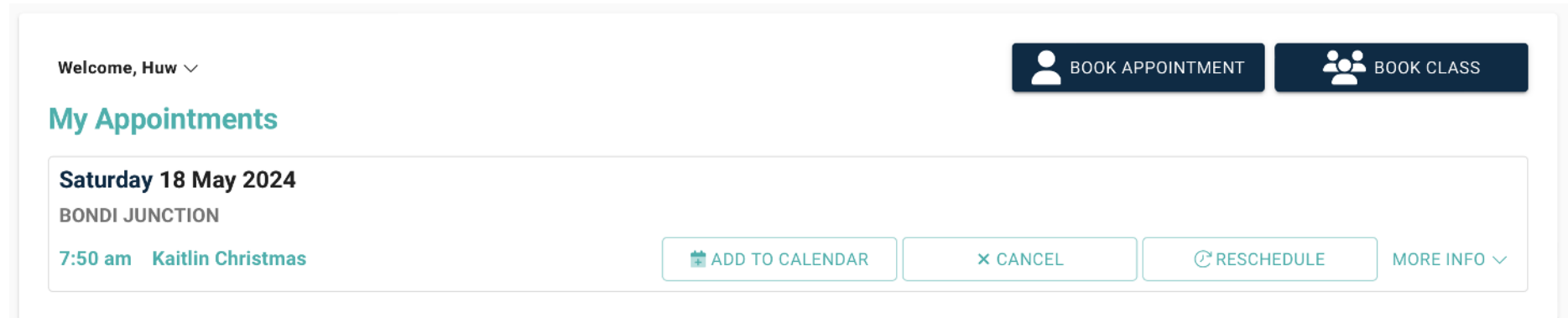
# How to Book an Appointment (Cont'd):

- Final confirmation – you will receive an email.
- You can also click on the arrow next to your name (highlighted below) and click “my appointments”.



A screenshot of a user profile menu. At the top, it says "Welcome, Huw" with a dropdown arrow. Below this, there are three menu items: "My Appointments" (highlighted with a red circle), "Details", and "Log Out". To the right of the menu is a horizontal timeline with four points: "Bondi Junction", "Physio - General & Sports", "Kaitlin Christmas", and "Standard Consult". The final point on the timeline is "Saturday, 18 May 2024 7:50 am".

- See below “my appointments” you will have the option under each consultation to “cancel” or “reschedule” from here.

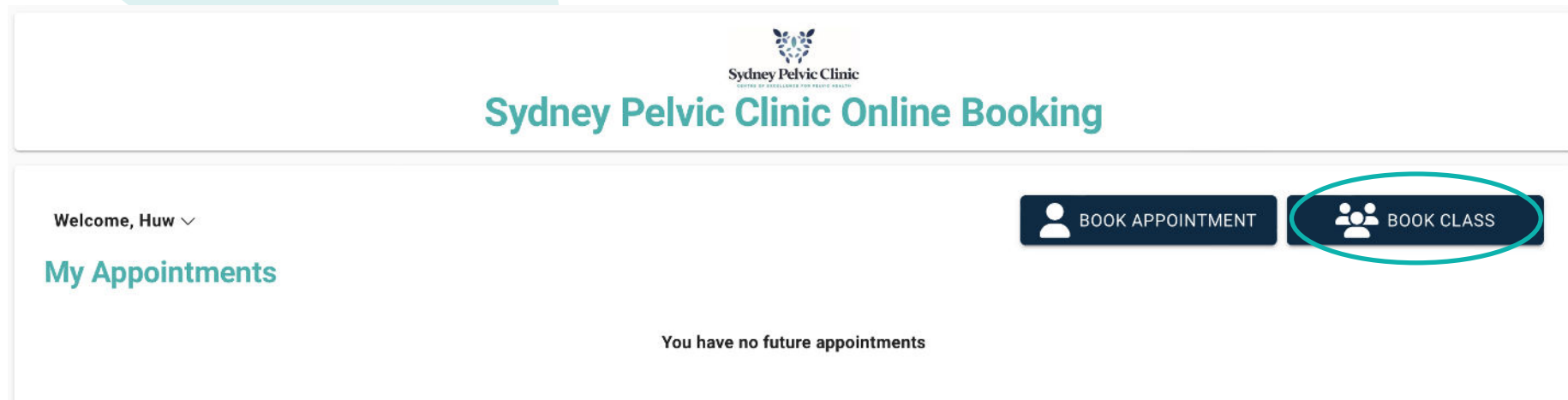



A screenshot of the "My Appointments" page. At the top, it says "Welcome, Huw" with a dropdown arrow. On the right side, there are two buttons: "BOOK APPOINTMENT" and "BOOK CLASS". Below this, the page title "My Appointments" is displayed. The main content area shows the appointment details: "Saturday 18 May 2024", "BONDI JUNCTION", and "7:50 am Kaitlin Christmas". At the bottom of the details box, there are four buttons: "ADD TO CALENDAR", "CANCEL", "RESCHEDULE", and "MORE INFO".



# How to Book a Class:

- Select 'Book Class' as circled below.




  
Sydney Pelvic Clinic  
SOURCE OF EXCELLENCE FOR PELVIC HEALTH


## Sydney Pelvic Clinic Online Booking

Welcome, Huw ▾

My Appointments

You have no future appointments

 BOOK APPOINTMENT

 BOOK CLASS



# How to Book a Class (Cont'd):

- Depending on which location - click the arrow next to “more info” (example circled below)

Welcome, Huw ▾ BACK

1 Appointment Details

St Leonards Service Practitioner Appointment Type Appointment

Select a Location

BONDI JUNCTION MORE INFO ▾ ST LEONARDS MORE INFO ▾

- Click “select” to select your location (see below)

Welcome, Huw ▾ BACK

1 Appointment Details

St Leonards Service Practitioner Appointment Type Appointment

Select a Location

**BONDI JUNCTION**

Ground floor 17-25 Spring Street  
Bondi Junction Australia NSW 2022

Ground floor / Shop 1

02 9387 4444 SEND EMAIL **SELECT**

**ST LEONARDS**

Ground Floor 4/6-16 Atchison Street  
St Leonards Australia NSW 2065

Ground Floor / Shop 4

293874444 SEND EMAIL **SELECT**

# How to Book a Class (Cont'd):

- You can scroll through the list of “all” classes for the week or select “class type” highlighted below and scroll down to tick your “class type”.

Welcome, Huw ▼ BACK

**1** Class Details

**Select an Available Class**

Class Type ▼ Location ▼ Practitioner ▼

All Bondi Junction All  Show Full Classes

◀ PREVIOUS WEEK 📅 CHANGE DATES NEXT WEEK ▶

**Friday 5 April 2024**  
No times available.

---

**Saturday 6 April 2024**

7:50 am	INTERMEDIATE ONLINE T1 with Kaitlin Christmas	🕒 11/30	<a href="#">MORE INFO</a> <span>▼</span>
10:00 am	PREGNANCY STUDIO T1 with Kaitlin Christmas	🕒 3/10	<a href="#">MORE INFO</a> <span>▼</span>
10:00 am	PREGNANCY ONLINE T1 with Hybrid Classes	🕒 1/10	<a href="#">MORE INFO</a> <span>▼</span>

---

**Sunday 7 April 2024**

3:30 pm	YOGA PELVIC ONLINE T1 with Louise Gerondis	🕒 9/30	<a href="#">MORE INFO</a> <span>▼</span>
4:50 pm	YIN YOGA ONLINE T1 with Louise Gerondis	🕒 14/30	<a href="#">MORE INFO</a> <span>▼</span>

---

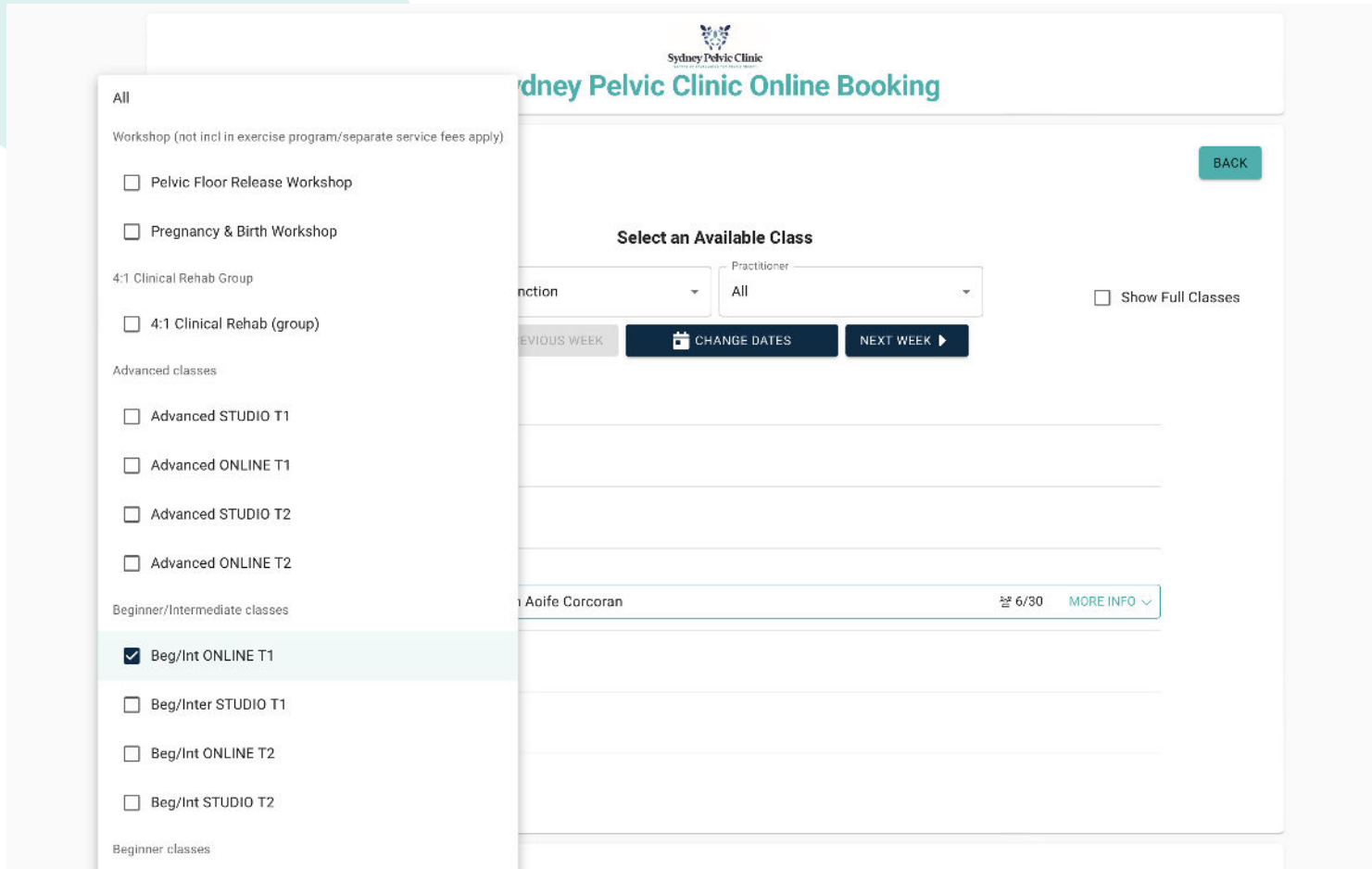
**Monday 8 April 2024**

9:30 am	INTER/ADV ONLINE T1 with Aoife Corcoran	🕒 9/30	<a href="#">MORE INFO</a> <span>▼</span>
9:50 am	BEGINNERS STUDIO T1 with Jenn DeJesus	🕒 4/10	<a href="#">MORE INFO</a> <span>▼</span>
6:30 pm	ADVANCED ONLINE T1 with Hybrid Classes	🕒 2/10	<a href="#">MORE INFO</a> <span>▼</span>
6:30 pm	ADVANCED STUDIO T1 with Louise Gell	🕒 5/10	<a href="#">MORE INFO</a> <span>▼</span>



# How to Book a Class (Cont'd):

- Tick your class type below and then tick your mouse / cursor on any section outside of the drop down options to go to the list of classes (see X below for example where to click)



The screenshot shows the Sydney Pelvic Clinic Online Booking page. A dropdown menu is open on the left, listing various class categories and options. The 'Beginner/Intermediate classes' section is highlighted, and 'Beg/Int ONLINE T1' is selected. The main page displays the 'Select an Available Class' section with filters for 'Function' and 'Practitioner' (set to 'All'). Navigation buttons for 'PREVIOUS WEEK', 'CHANGE DATES', and 'NEXT WEEK' are visible. A 'BACK' button is located in the top right corner of the booking area.



# How to Book a Class (Cont'd):

- See list of classes available in that type below. Click the class:

Welcome, Huw ▼ BACK

**1** Class Details

**Select an Available Class**

Class Type ▼ Location ▼ Practitioner ▼  Show Full Classes

Beginners ONLINE T1, Beginner... Bondi Junction All

◀ PREVIOUS WEEK 📅 CHANGE DATES NEXT WEEK ▶

**Friday 31 May 2024**  
No times available.

---

**Saturday 1 June 2024**  
No times available.

---

**Sunday 2 June 2024**  
No times available.

---

**Monday 3 June 2024**  
No times available.

---

**Tuesday 4 June 2024**  
No times available.

---

**Wednesday 5 June 2024**

9:30 am BEGINNERS ONLINE T2 with Anat Doctor👤 1/30 [MORE INFO](#) ▼

---

**Thursday 6 June 2024**  
No times available.



# How to Book a Class (Cont'd):

- Select “book multiple” or “book”

Welcome, Huw ▼ BACK

1 Class Details

Select an Available Class

Class Type: Beginners ONLINE T1, Beginner... ▼ Location: Bondi Junction ▼ Practitioner: All ▼  Show Full Classes

◀ PREVIOUS WEEK 📅 CHANGE DATES NEXT WEEK ▶

**Friday 31 May 2024**  
No times available.

**Saturday 1 June 2024**  
No times available.


**Sunday 2 June 2024**  
No times available.

**Monday 3 June 2024**  
No times available.

**Tuesday 4 June 2024**  
No times available.

**Wednesday 5 June 2024**

9:30 am BEGINNERS ONLINE T2 with Anat Doctor 🕒 1/30



📍 GET DIRECTIONS ☎ 02 9387 4444 ✉ SEND EMAIL BOOK MULTIPLE BOOK

**Thursday 6 June 2024**  
No times available.




# How to Book a Class (Cont'd):


- When you select “book”, it shows the next screen.
  - a. Select “confirm booking” to book
  - b. Select “cancel booking” if you don’t wish to go ahead
  - c. Select “back” if you wish to go back to the other available appointment times


Welcome, Huw ▼


1 Class Details


2 Review Your Appointment BACK

 Bondi Junction  
Ground floor 17-25 Spring Street  
Bondi Junction Australia NSW 2022

 [02 9387 4444](tel:0293874444)

 [reception@sydney pelvicclinic.com.au](mailto:reception@sydney pelvicclinic.com.au)

 9:30 am - 10:30 am (60 minutes)

 Wednesday, 5 Jun 2024

CONFIRM BOOKING

[Cancel booking](#)



# How to Book a Class (Cont'd):

- Final confirmation – looks like the below.
- You can also click on the “my appointments” bottom right (highlighted below) to see all of your future appointments.

## 3 Confirmation

✔ 1 Class Booked

ADD TO CALENDAR

GET DIRECTIONS

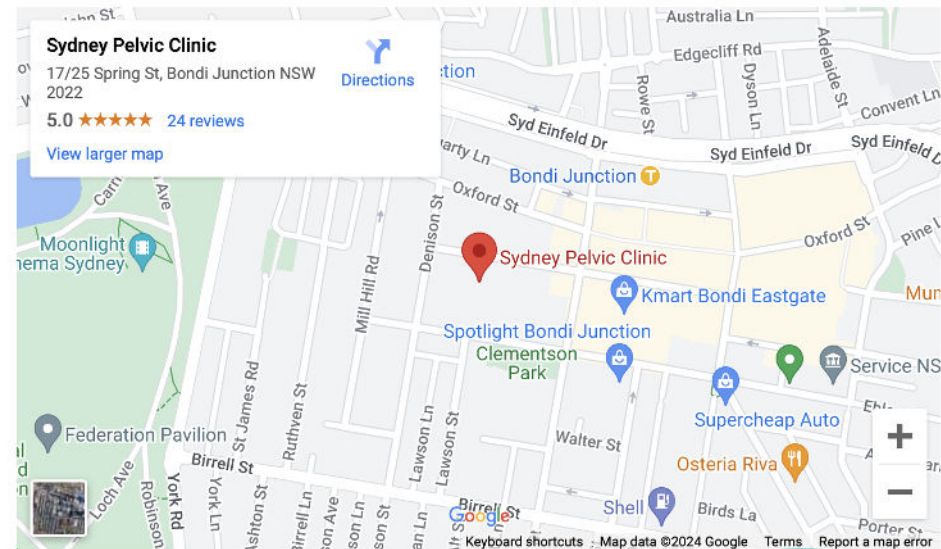
**Bondi Junction**  
Ground floor 17-25 Spring Street  
Bondi Junction Australia NSW 2022

02 9387 4444

reception@sydneypelvicclinic.com.au

9:30 am - 10:30 am (60 minutes)

Wednesday, 5 Jun 2024



# How to Book a Class (Cont'd):

- After clicking “my appointments” you will have the option to “cancel”.
- Unfortunately, you can’t reschedule – so please cancel and rebook going back to the first step in this guide (section – “how to book a class”).

Welcome, Huw ▼

[BOOK APPOINTMENT](#) [BOOK CLASS](#)

## My Appointments

**Wednesday 5 June 2024**  
BONDI JUNCTION

9:30 am **Anat Doctor** Beginners ONLINE T2

[ADD TO CALENDAR](#) [X CANCEL](#) [RESCHEDULE](#) [MORE INFO ▼](#)

